

LIST OF VALUES

This list of values will help you develop a clearer sense of what's most important to you in life. Simply print out this page, mark the values that resonate best with you and sort your list in order of priority. As you scan, you may find that while most values have little or no significance to you (some may even seem negative), there are those values that jump out and call to you with a "Yes, this is part of me." This list is merely a guide. It is lengthy but certainly not exhaustive, so feel free to add values to your own list!

ABUNDANCE	ATTRACTIVENESS	CLARITY	COURAGE	DREAMING	EXTRAVAGANCE
ACCEPTANCE	AUDACITY	CLEANLINESS	COURTESY	DRIVE	EXTROVERSION
ACCESSIBILITY	AVAILABILITY	CLEAR-MINDED-	CRAFTINESS	DUTY	EXUBERANCE
ACCOMPLISHMENT	AWARENESS	NESS	CREATIVITY	DYNAMISM	FAIRNESS
ACCURACY	AWE	CLEVERNESS	CREDIBILITY	EAGERNESS	FAITH
ACHIEVEMENT	BALANCE	CLOSENESS	CUNNING	ECONOMY	FAME
ACKNOWLEDGE-	BEAUTY	COMFORT	CURIOSITY	ECSTASY	FAMILY
MENT	BEING THE BEST	COMMITMENT	DARING	EDUCATION	FASCINATION
ACTIVENESS	BELONGING	COMPASSION	DECISIVENESS	EFFECTIVENESS	FASHION
ADAPTABILITY	BENEVOLENCE	COMPLETION	DECORUM	EFFICIENCY	FEARLESSNESS
ADORATION	BLISS	COMPOSURE	DEFERENCE	ELATION	FEROCITY
ADROITNESS	BOLDNESS	CONCENTRATION	DELIGHT	ELEGANCE	FIDELITY
ADVENTURE	BRAVERY	CONFIDENCE	DEPENDABILITY	EMPATHY	FIERCENESS
AFFECTION	BRILLIANCE	CONFORMITY	DEPTH	ENCOURAGEMENT	FIRMNESS
AFFLUENCE	BUOYANCY	CONGRUENCY	DESIRE	ENDURANCE	FITNESS
AGGRESSIVENESS	CALMNESS	CONNECTION	DETERMINATION	ENERGY	FLEXIBILITY
AGILITY	CAMARADERIE	CONSCIOUSNESS	DEVOTION	ENJOYMENT	FLOW
ALERTNESS	CANDOR	CONSISTENCY	DEVOUTNESS	ENTERTAINMENT	FLUENCY
ALTRUISM	CAPABILITY	CONTENTMENT	DEXTERITY	ENTHUSIASM	FOCUS
AMBITION	CARE	CONTINUITY	DIGNITY	EXCELLENCE	FORTITUDE
AMUSEMENT	CAREFULNESS	CONTRIBUTION	DILIGENCE	EXCITEMENT	FRANKNESS
ANTICIPATION	CELEBRITY	CONTROL	DIRECTION	EXHILARATION	FREEDOM
APPRECIATION	CERTAINTY	CONVICTION	DIRECTNESS	EXPECTANCY	FRIENDLINESS
APPROACHABILITY	CHALLENGE	CONVIVIALITY	DISCIPLINE	EXPEDIENCY	FRUGALITY
ARTICULACY	CHARITY	COOLNESS	DISCOVERY	EXPERIENCE	FUN
ASSERTIVENESS	CHARM	COOPERATION	DISCRETION	EXPERTISE	GALLANTRY
ASSURANCE	CHASTITY	CORDIALITY	DIVERSITY	EXPLORATION	GENEROSITY
ATTENTIVENESS	CHEERFULNESS	CORRECTNESS	DOMINANCE	EXPRESSIVENESS	GENTILITY

EMPOWERING YOU

GIVING	INTUITIVENESS	ORGANIZATION	REASONABLENESS	SILENCE	TRUSTWORTHI-
GRACE	INVENTIVENESS	ORIGINALITY	RECOGNITION	SILLINESS	NESS
GRATITUDE	INVESTING	OUTLANDISHNESS	RECREATION	SIMPLICITY	TRUTH
GREGARIOUSNESS	JOY	OUTRAGEOUSNESS	REFINEMENT	SINCERITY	UNDERSTANDING
GROWTH	JUDICIOUSNESS	PASSION	REFLECTION	SKILLFULNESS	UNFLAPPABILITY
GUIDANCE	JUSTICE	PEACE	RELAXATION	SOLIDARITY	UNIQUENESS
HAPPINESS	KEENNESS	PERCEPTIVENESS	RELIABILITY	SOLITUDE	UNITY
HARMONY	KINDNESS	PERFECTION	RELIGIOUSNESS	SOUNDNESS	USEFULNESS
HEALTH	KNOWLEDGE	PERKINESS	RESILIENCE	SPEED	UTILITY
HEART	LEADERSHIP	PERSEVERANCE	RESOLUTION	SPIRIT	VALOR
HELPFULNESS	LEARNING	PERSISTENCE	RESOLVE	SPIRITUALITY	VARIETY
HEROISM	LIBERATION	PERSUASIVENESS	RESOURCEFULNESS	SPONTANEITY	VICTORY
HOLINESS	LIBERTY	PHILANTHROPY	RESPECT	SPUNK	VIGOR
HONESTY	LIVELINESS	PIETY	REST	STABILITY	VIRTUE
HONOR	LOGIC	PLAYFULNESS	RESTRAINT	STEALTH	VISION
HOPEFULNESS	LONGEVITY	PLEASANTNESS	REVERENCE	STILLNESS	VITALITY
HOSPITALITY	LOVE	PLEASURE	RICHNESS	STRENGTH	VIVACITY
HUMILITY	LOYALTY	POISE	RIGOR	STRUCTURE	WARMTH
HUMOR	MAJESTY	POLISH	SACREDNESS	SUCCESS	WATCHFULNESS
HYGIENE	MASTERY	POPULARITY	SACRIFICE	SUPPORT	WEALTH
IMAGINATION	MATURITY	POTENCY	SAGACITY	SUPREMACY	WILLFULNESS
IMPACT	MEEKNESS	POWER	SAINTLINESS	SURPRISE	WILLINGNESS
IMPARTIALITY	MELLOWNESS	PRACTICALITY	SANGUINITY	SYMPATHY	WINNING
INDEPENDENCE	METICULOUSNESS	PRAGMATISM	SATISFACTION	SYNERGY	WISDOM
INDUSTRY	MINDFULNESS	PRECISION	SECURITY	TEAMWORK	WITTINESS
INGENUITY	MODESTY	PREPAREDNESS	SELF-CONTROL	TEMPERANCE	WONDER
INQUISITIVENESS	MOTIVATION	PRESENCE	SELFLESSNESS	THANKFULNESS	YOUTHFULNESS
INSIGHTFULNESS	MYSTERIOUSNESS	PRIVACY	SELF-RELIANCE	THOROUGHNESS	ZEAL
INSPIRATION	NEATNESS	PROACTIVITY	SENSITIVITY	THOUGHTFULNESS	
INTEGRITY	NERVE	PROFESSIONALISM	SENSUALITY	THRIFT	
INTELLIGENCE	OBEDIENCE	PROSPERITY	SERENITY	TIDINESS	
INTENSITY	OPEN-MINDED-	PRUDENCE	SERVICE	TIMELINESS	
INTIMACY	NESS	PUNCTUALITY	SEXUALITY	TRADITIONALISM	
INTREPIDNESS	OPENNESS	PURITY	SHARING	TRANQUILITY	
INTROVERSION	OPTIMISM	REALISM	SHREWDNESS	TRANSCENDENCE	
INTUITION	ORDER	REASON	SIGNIFICANCE	TRUST	